Dear Parents,

In Term 2 all students in Years 3, 4, 5 and 6 will be participating in a Circus Skills Gymnastics Program. Gymnastics is a mandatory part of the K - 6 PDHPE syllabus and this program enables the students to develop their balance, coordination, flexibility, strength and movement skills through the engaging framework of Circus Skills. On the back of this sheet is a list of the PDHPE Syllabus outcomes that will be addressed during the program.

The program will commence on Monday 1st May, Week 2 of Term 2 and continue each Monday for 8 weeks until the 26th of June. The program will be conducted in the school hall by two qualified instructors from the Zany Yare Circus School, a highly reputable local company. Each class will participate in a 45 minute lesson each week.

The cost of the program is $25.00 per child. Please completed the permission note and money, in an envelopes with your child’s name and class, to the office by Thursday 6th April.

Mr Robert LeBreton
Coordinator

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**CIRCUS SKILLS GYMNASTICS PROGRAM 3-6**

**TERM 2, 2017**

Dear Class Teacher,

I give permission for my child _____________________________ in class ____ to participate each Monday, commencing Week 2 during Term 2 in the Circus Skills Gymnastics Program. I understand that the program will be conducted by qualified instructors from Zany Yare. Please find enclosed $25 to cover the cost of weekly lessons.

Signed ___________________________
Parent/Guardian

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**PAYMENT ADVICE**

Student Full Name:________________________________________________ Class:__________

Payment for: ____________________________________________ Total Paid: ______________

School's Preferred Method of Payment is Online (Using Glenbrook P.S Website)

I have made an Online payment
Receipt Number is:_________________________________ Date Paid:_____________________

Cheque (please make cheques payable to Glenbrook Public School)
Circus and the K-6 PDHPE Syllabus

Circus is a great way to develop and achieve the skills and objectives of the K-6 PDHPE Syllabus. All circus based activates address the core skills of the syllabus; moving, problem-solving, communicating, interacting and decision making. Its unique combination of gymnastic style skills, manipulative skills, and the creativity of performance/physical theatre skills, allows circus to touch on 3 strands of the syllabus; Games and Sport, Gymnastics and Dance.

While learning circus, working together and safety is a high priority in developing the participants’ skills. Participants are encouraged to create routines and performances that work on communication skills between themselves and with their audiences. Circus creates an environment of belonging, diversity and increases the confidence of its participants by making physical activity and creativity accessible.

<table>
<thead>
<tr>
<th>Syllabus Aims and Objectives</th>
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<tbody>
<tr>
<td>Circus Activity</td>
</tr>
<tr>
<td>Tumbling</td>
</tr>
<tr>
<td>Acro-Blance</td>
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<tr>
<td>Prop Manipulation (eg. Juggling and hula hoop, etc.)</td>
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<tr>
<td>Stilts and Unicycle</td>
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<tr>
<td>Aerial Acrobatics</td>
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<td>Stretching and Strength exercises</td>
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<td>Games, Clowning and performance</td>
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